

Afro 6/8: Ladzekpo's basic polyrhythms

count out loud as written

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A musical staff showing a repeating pattern of eighth-note chords. The pattern consists of four vertical stems: the first has an 'x' at the top and a '7' at the bottom; the second has a '7' at the top and an 'x' at the bottom; the third has an 'x' at both the top and bottom; and the fourth has an 'x' at the top and a '7' at the bottom. The pattern repeats across four measures.

A diagram of a guitar scale pattern across six strings and seven frets. The pattern consists of eighth-note pairs. Measure 1 starts at the open string (fret 0) and moves up to the 5th fret. Measure 2 starts at the 5th fret and moves up to the 7th fret. Measure 3 starts at the 7th fret and moves up to the 9th fret. The notes are indicated by vertical stems with 'x' or 'o' heads, and the rests are indicated by vertical stems with 'x' heads.

Also count all exercises with this pulse.

A diagram showing a six-note scale pattern across six strings of a guitar neck. The notes are marked with vertical bars and labeled 1 through 6 above them. String 1 has note 1 at the 12th fret and note 2 at the 11th fret. String 2 has note 2 at the 11th fret and note 3 at the 10th fret. String 3 has note 3 at the 10th fret and note 4 at the 9th fret. String 4 has note 4 at the 9th fret and note 5 at the 8th fret. String 5 has note 5 at the 8th fret and note 6 at the 7th fret. String 6 has note 6 at the 7th fret.

The above pattern in quarter time: