1. Play alternating 8th notes on snare drum throughout the method— this sticking never changes.

2. Reading the exercises in Stick Control, to the above snare drum part add bass drum on “R” notes, and add SD accent on “L” notes.

**Exercises as written in book:**

**Exercise 1.**

```
1
R L R L R L R L
```

**You play:**

```
> > > >
R L R L R L R L
```

**Exercise 3**

```
L L R R L L R R
```

**Exercise 6**

```
R R L R L L R L
```

**Exercise 25**

```
R R L R L L R L
```

```
> > > > > > > > >
R L R L R L R L R L R L R L
```

Swing the 8th notes slightly. Patterns based on book exercises starting with RLLR, RLRR, or RRLR, as well as exercises 65 and 67, will be the most useful for actual performance vocabulary.