Afro 6 — basics
the fundamentals of the bell pattern

1. Play and count the bell pattern in 3/4:
Add quarter notes on the snare drum:

Also play quarters with the left foot and right foot:

It may be helpful to think of this as a sticking.

2. Play and count the bell pattern in 6/8, in 2:
You can also count in 6 at first, if necessary:

Add the snare drum on the 1 and 2:

And with either foot:

Play with left or right foot.

3. Play this funk-style pattern, with a strong pull towards the 1 of each measure:
This leads you into the natural accents for the bell pattern. Play this by itself:

4. Add the clave rhythm. Rumba clave:
Son clave:

Also practice adding the clave rhythm with each foot.

Then play the left foot on 1 and 2 with each of the above:

Also play the foot part with the right foot on the bass drum.

Play each pattern many times without stopping.