## Afro 6 — basics

the fundamentals of the bell pattern

Todd Bishop

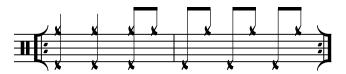
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Play each pattern many times without stopping.

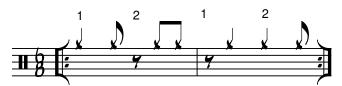
1. Play and count the bell pattern in 3/4:



Also play quarters with the left foot and right foot:



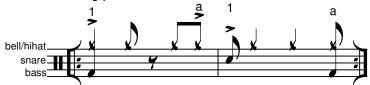
2. Play and count the bell pattern in 6/8, in 2:



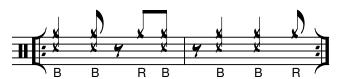
Add the snare drum on the 1 and 2:



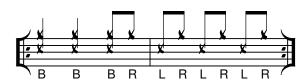
**3. Play this funk-style pattern**, with a strong pull towards the 1 of each measure:



4. Add the clave rhythm. Rumba clave:



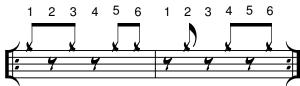
Add quarter notes on the snare drum:



It may be helpful to think of this as a sticking.



You can also count in 6 at first, if necessary:



And with either foot:



Play with left or right foot.

This leads you into the natural accents for the bell pattern. Play this by itself:



Son clave:



Also practice adding the clave rhythm with each foot.

Then play the left foot on 1 and 2 with each of the above:



