

Cascara coordination - 01

with 2:3 son clave in left foot

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no RH
LH/RH in unison

right hand
left hand
left foot

2 LH with RH singles only LH after RH singles only

3 LH with RH doubles only LH with first note of RH doubles only

4 LH with last note of RH doubles only LH with RH singles and first note of doubles

5 LH with RH singles and second note of doubles LH doubles with RH singles

6 LH doubles with RH singles, plus second note of RH doubles LH doubles overlapping RH doubles, after

7 LH doubles overlapping RH doubles, before LH fills in gaps in RH

8 LH fills gaps in RH, plus LH double overlapping RH doubles, after LH fills in gaps in RH, plus LH doubles overlapping RH doubles, before

Search "cascara coordination" at cruiseshipdrummer.com for practice suggestions.