

EZ solo method: alternative triplet stickings

on exercises with two or three beats of triplets

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Two beats:

1

R L L R R L R

2

R R L R L L R

3

R L R R L L R

4

R R L L R L R

Three beats:

5

R L L R R L R L L R

6

R L L R R L R R L R

7

R L L R L L R R L R

8

R R L R L L R R L R

9

R L R R L L R L L R

10

R L R R L L R R L R

11

R L L R L R R L L R

12

R R L R L R R L L R