

# Getting started with meter-within-meter

3/4 within 4/4 in jazz

Swing the 8th notes,  
and count out loud.

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1. Play this basic jazz waltz pattern:

ride  
snare  
bass  
hihat/foot

2. Play the same pattern, while counting as follows:

First practice resting during this part of the measure, then play as written.

3. Extend the above to four measures, ending with an accent on beat 4, plus one measure of rest:

4. Play this eight measure phrase:

5. Loop this three measure phrase:

6. Also play the above phrases using these 3/4 patterns, first without the ties, and then with: