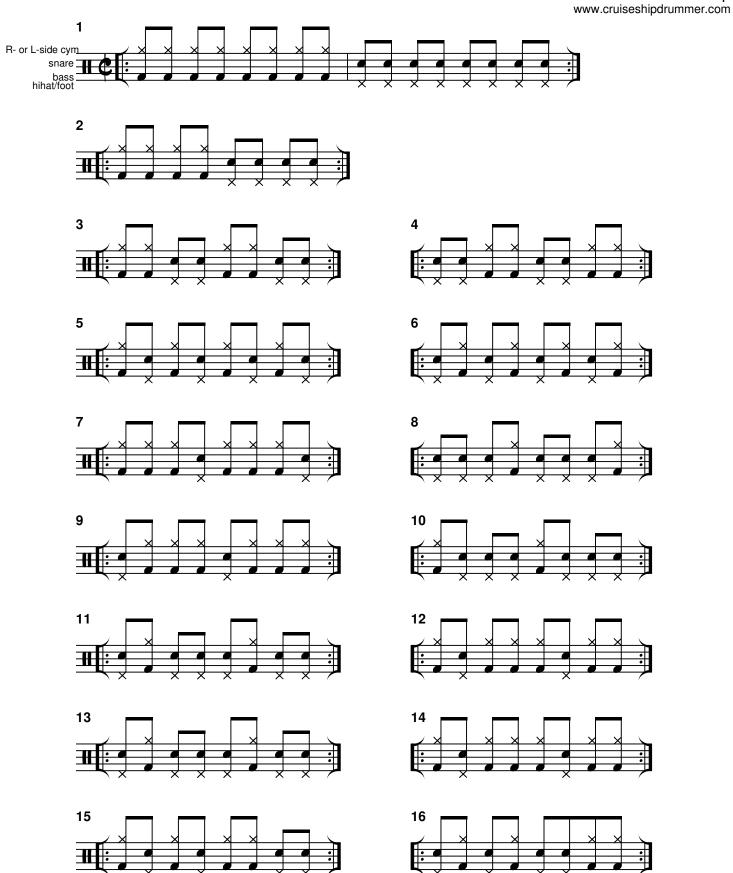
Harmonic coordination improved - prep

play exercises using various stickings

Todd Bishop



Instructions:

Practice exercises 1-16 using the following stickings on the cymbal and snare:

First set:

- 1. All right hand
- 2. All left hand
- 3. RH on cymbal / LH on snare
- 4. LH on cymbal / RH on snare
- 5. RLRL RLRL
- 6. LRLR LRLR

Second set:

- 1. RRRR RRRR LLLL LLLL
- 2. RRRR LLLL
- 3. LLLL RRRR (ex. 2 only)
- 4. RRLL RRLL
- 5. LLRR LLRR
- 6. RLRL RLRR LRLR LRLL

Third set:

- 1. RRRL RRRL
- 2. LLLR LLLR
- 3. RLLL RLLL
- 4. LRRR LRRR
- 5. RLRR RLRR
- 6. LRLL LRLL
- 7. RLLR RLLR
- 8. LRRL LRRL

Fourth set:

- 1. RLLL LRRR
- 2. RRRL LLLR
- 3. RRLR RRLR
- 4. LLRL LLRL
- 6. RLRL RRLL
- 7. LRLR LLRR
- 8. RLRL LRLR
- 9. RLRR LRLL
- 10. RRLR LLRL
- 11. RLLR LRRL