

Harmonic coordination improved - prep


play exercises using various stickings

Todd Bishop

www.cruiseshipdrummer.com

1

R- or L-side cym
snare
bass
hihat/foot



2



3



4



5



6



7



8



9



10



11




12



13



14



15



16



Instructions:

Practice exercises 1-16 using the following stickings on the cymbal and snare:

First set:

1. All right hand
2. All left hand
3. RH on cymbal / LH on snare
4. LH on cymbal / RH on snare
5. RLRL RLRL
6. LRLR LRLR

Second set:

1. RRRR RRRR LLLL LLLL
2. RRRR LLLL
3. LLLL RRRR (ex. 2 only)
4. RRLR RRLR
5. LLRR LLRR
6. RLRL RLRR LRLR LRLR

Third set:

1. RRRL RRRL
2. LLLR LLLR
3. RLLL RLLL
4. LRRR LRRR
5. RLRR RLRR
6. LRLL LRLL
7. RLLR RLLR
8. LRRL LRRL

Fourth set:

1. RLLL LRRR
2. RRRL LLLR
3. RRLR RRLR
4. LLRL LLRL
6. RLRL RRLR
7. LRLR LLRR
8. RLRL LRLR
9. RLRR LRLL
10. RRLR LLRL
11. RLLR LRRL