

Heavy Metal 6/8

Filling out the basic groove

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Basic groove:

1

Crash
ride/hihat
high tom
snare
low tom
bass
hihat/foot

Double bass:

2

Using crash cymbals:

3

4

Sticking with hands and feet is RLR LRL throughout.

5

6

Alternatives to simple 8th notes for fills:

7

L R R L L R R L

8

R L R L R L R L

Linear fill/embellishment patterns - split doubles between bass drums if you want:

9

R L R L R L

10

R L R L R L

11

R L R L

12

R L R L

13

R L R L R L R L

14

R L R L R L

15

R L R L R L

16

R L R L

Cuing off the right hand— RH plays at same rate as during the basic groove:

17

R L L R L L R L L

18

R R L R R L R R L

19

R L L R L L R L L

20

R L R L R L

Practice phrases - also double both measures:

21

R R R R L L R L L R L L

22

R R R R R L R R L R R L

R R R R L L R L L R L L

23

R L R L R L