

Paradiddle shift

with bass drum

- Play each repeated measure 1-8 times.
- Reverse stickings the second time through the complete exercise.

Todd Bishop
www.pdxdrummer.com
shipdrummer.blogspot.com

One accent



The 'One accent' exercise consists of four rows of musical notation. Each row contains two measures of music, separated by a repeat sign. The first measure of each row has an accent (>) over the first note. The notes are quarter notes. The stickings for each measure are as follows:

- Row 1: Measure 1: R L R R L R L L; Measure 2: R L R R L R L
- Row 2: Measure 1: L R L R R L R L; Measure 2: L R L R R L R
- Row 3: Measure 1: L L R L R R L R; Measure 2: L L R L R R L
- Row 4: Measure 1: R L L R L R R L; Measure 2: R L L R L R R

Two accents



The 'Two accents' exercise consists of four rows of musical notation. Each row contains two measures of music, separated by a repeat sign. The first two notes of each measure have accents (>) over them. The notes are quarter notes. The stickings for each measure are as follows:

- Row 1: Measure 1: R L R R L R L L; Measure 2: R L R R L R L
- Row 2: Measure 1: L R L R R L R L; Measure 2: L R L R R L R
- Row 3: Measure 1: L L R L R R L R; Measure 2: L L R L R R L
- Row 4: Measure 1: R L L R L R R L; Measure 2: R L L R L R R