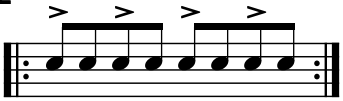


Developing doubles

A set of basic exercises

Todd Bishop
www.cruiseshipdrummer.com

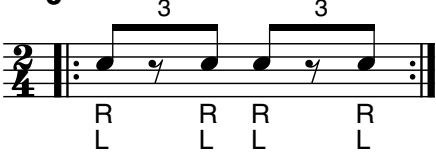
1 
R R L L R R L L

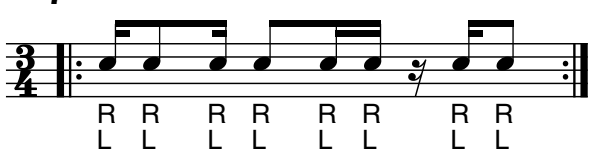
2 
R L L R R L L R

3 
RL RRL RRL etc
L RLL RLL

4 
R L R L R R R L L R R L L

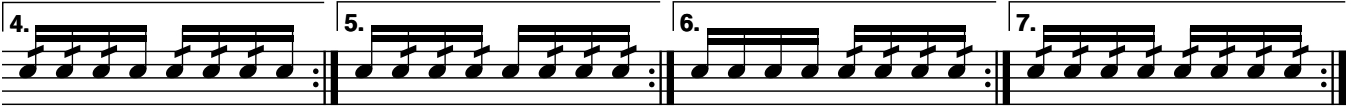
5 
R L R L R R L L R R L L R

6 
5 min. per hand, slow to fast
R L R L
L L L L

7 
R R R R R R R R
L L L L L L

8 
First time: R
On repeat: L
L R R L

9 
1. 2. 3. 3.

4. 5. 6. 7. 

10 
3 3 1. 3 3 2. 3 3 3. 3 3

4. 5. 6. 7. 
3 3 3 3 3 3 3 3