

Matt's Paradiddle Thing

Practice sequence:

1-2, 1-3, 1-4... 2-3, 2-4, 2-5...

Repeat each exercise or sequence two or four times.

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1. 
R L R R L R L L

First inversion

4. 
R L L R L R R L

5. 
R L L R L R R L

6. 
R L L R L R R L

Second inversion

7. 
R R L R L L R L

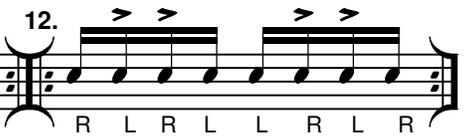
8. 
R R L R L L R L

9. 
R R L R L L R L

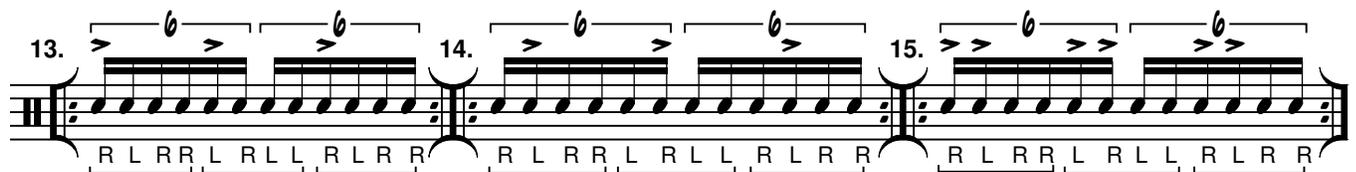
Third inversion

10. 
R L R L L R L R

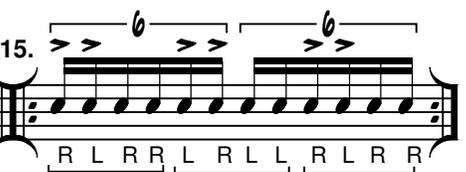
11. 
R L R L L R L R

12. 
R L R L L R L R

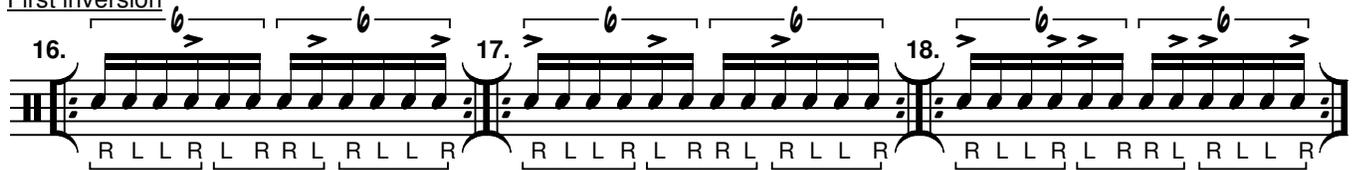
Sixtuplet patterns will reverse sticking on repeat.

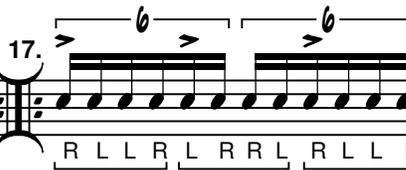
13. 
R L R R L R L L R L R R

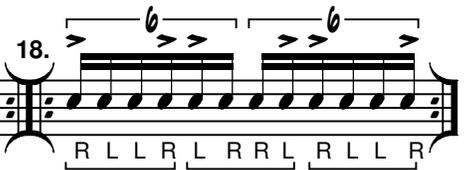
14. 
R L R R L R L L R L R R

15. 
R L R R L R L L R L R R

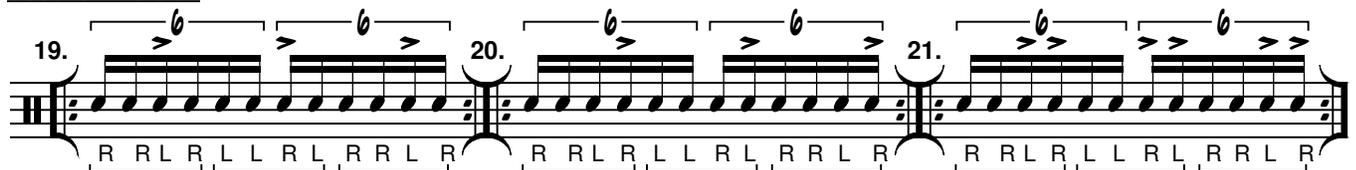
First inversion

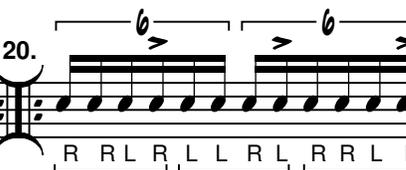
16. 
R L L R L R R L R L L R

17. 
R L L R L R R L R L L R

18. 
R L L R L R R L R L L R

Second Inversion

19. 
R R L R L L R L R R L R

20. 
R R L R L L R L R R L R

21. 
R R L R L L R L R R L R

Third inversion

22. 
R L R L L R L R R L R L

23. 
R L R L L R L R R L R L

24. 
R L R L L R L R R L R L