

# Timing exercise with natural sticking

in 4/4 and 2/2

Todd Bishop

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♩=90-140

1

R L R L R L R L R L R L R L R L R R R R R R R R R R

2

R L R L R L R L R L R L R L R L R R L R R L R R L R R L

3

R L R L R L R L R L R L R L R L R L R R L R R L R R L R

4

R L R L R L R L R L R L R L R L R L L R L L L R L L L L

5

R L R L R L R L R L R L R L R L R L R L R L R L R L

6

R L R L R L R L R L R L R L R L L R L L R L L L R L L L

♩=90-140

7

R L R L R L R L R R R R

8

R L R L R L R L R R L R R L

9

R L R L R L R L R L R R L R

10

R L R L R L R L R L L R L L L

11

R L R L R L R L R L R L

12

R L R L R L R L L R L L R L L L