

# Page of polyrhythms - 2022 update

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right hand  
left hand

**2:3** 1 2 & 3

**3:2** 1 a 2 &

**4:3** 1 a 2 & 3 e

**3:4** 1 2 & 3 a 4

**2:5** 1 2 3 & 4 5

**3:5** 1 2 a 3 4 & 5

**4:5** 1 2 e 3 & 4 a 5

**6:5** 1 2 a 3 4 & 5 1 2 a 3 4 & 5

**2:7** 1 2 3 4 & 5 6 7

**3:7** 1 2 3 & 4 5 a 6 7

**4:7** 1 2 a 3 4 & 5 6 e 7

**6:7** 1 2 3 & 4 5 a 6 7 1 2 3 & 4 5 a 6 7

Musical notation for a 6:7 polyrhythm. The top staff shows a sequence of notes with fingerings 1-7 and accents 'a'. The bottom staff shows a corresponding sequence of eighth notes with fingerings 3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3.

**5:7** 1 2 3 4 5 6 7

Musical notation for a 5:7 polyrhythm. The top staff shows notes with fingerings 5-5-5-5-5-5-5. The bottom staff shows a sequence of eighth notes with fingerings 5-5-5-5-5-5-5.

**3:8** 1 2 3 a 4 1 2 & 3 4

Musical notation for a 3:8 polyrhythm. The top staff shows notes with fingerings 3-3-3-3-3-3-3. The bottom staff shows a sequence of eighth notes with fingerings 3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3.

**8:5** 1 2 e 3 & 4 a 5 1 2 e 3 & 4 a 5

Musical notation for an 8:5 polyrhythm. The top staff shows notes with fingerings 7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7. The bottom staff shows a sequence of eighth notes with fingerings 7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7.

**8:7** 1 2 a 3 4 & 5 6 e 7 1 2 a 3 4 & 5 6 e 7

Musical notation for an 8:7 polyrhythm. The top staff shows notes with fingerings 7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7. The bottom staff shows a sequence of eighth notes with fingerings 7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7.