Paradiddle exercise

Play check pattern then paradiddle pattern - 8 counts each

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♩ = 96-150 **Check pattern**

A

R L R L R L R L

B

R R L L R R L L

C

R L R R **L** R L L

D

R L L R **L** R R L

E

R R **L** R L L **R** L

F

R L R R L L **R** L R R L L R R L L

G

R L L R R **L R** L L R R **L** R R L L

H

R R R L L L R R R L L L R R L L

I

R R R R L L L L R R R R L L L L

J

R L R R L L R L R R L L R L R R L L R L R R L L R L R R L R L L

K

R L R L R R L R L R L L R L R L R R R L R L R L R L R R L R L L

L

R L L R R **L R** L L R R **L R** L L R R **L R** L L R R **L R** L L R R **L** R L L

M

R R R L L L R R R L L L R R R L L L R R L L R R R L L L R R L L R R L L

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