Stick Control - CSD! version
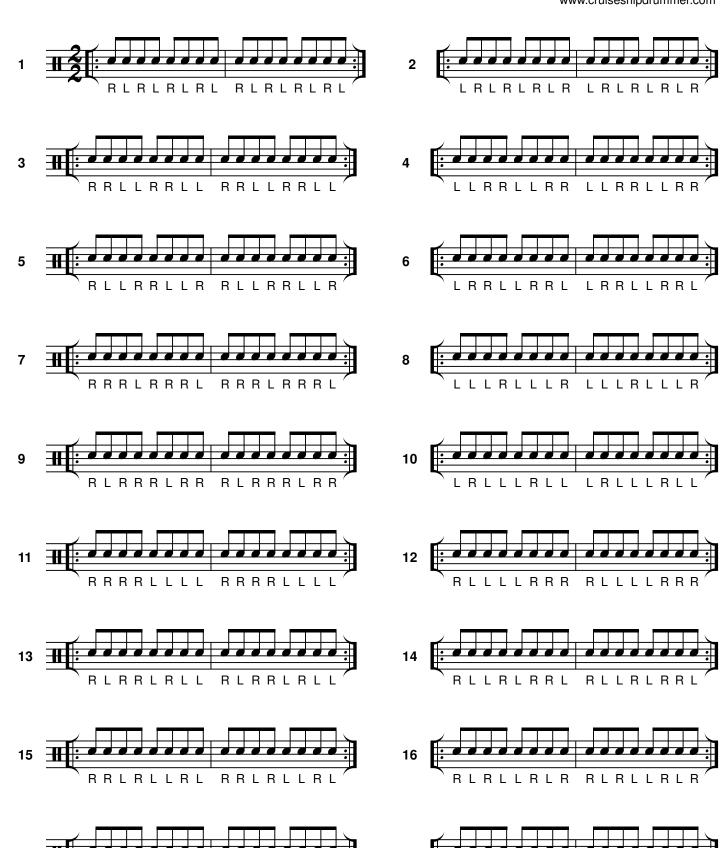
The best, most useful Stone exercises, in our preferred order.

Todd Bishop
www.cruiseshipdrummer.com

1 R L R L R L R L R L R L R L R L

2 L R L R L R L R L R L R L R L R

3 R R L L R R L L R R L L R R L L

4 L L R R L L R R L L R R L L R R

5 R L L R R L L R R L L R R L L R

6 L R R L L R R L L R R L L R R L

7 R R R L R R R L R R R L R R R L

8 L L L R L L L R L L L R L L L R

9 R L R R R L R R R L R R R L R R

10 L R L L L R L L L R L L L R L L

11 R R R R L L L L R R R R L L L L

12 L L L L R R R R L L L L R R R R

13 R L R R L R L L R L R R L R L L

14 R L L R L R R L R L L R L R R L

15 R R L R L L R L R R L R L L R L

16 R L R L L R L R R L R L L R L R

17 R L R L R R L L R L R L R R L L

18 L R L R L L R R L R L R L L R R

19
R L R L R L R R   L R L R L R L L

20
R L R L R L R L   L R L R L R L R

21
R L R R L R R L   R L R R L R R L

22
R L R R L R L R   R L R R L R L R

23
R L L R L R L L   R L L R L R L L

24
R L L R L L R L   R L L R L L R L

25
R L L R L R L R   R L L R L R L R

26
R R L R L R L L   R R L R L R L L

27
R R L R L R R L   R R L R L R R L

28
R R L R L R L R   R R L R L R L R

29
R L R L L R L L   R L R L L R L L

30
R L R L L R R L   R L R L L R R L

31
R L L R L L R L   L R L L R L R L

32
L R R L R R L R   R L R R L R L R

33
R R L R R L R R   L R R L R R L L

34
L L R L L R L L   R L L R L L R R

35
R L R R L R R L   R R L R R L R L

36
L R L L R L L R   L L R L L R L R