

A page of polyrhythms

Play with hands, or any two limbs.

basic form

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right hand
left hand

The image displays 13 musical staves, each representing a different polyrhythm. Each staff is labeled with its ratio (e.g., 3:2, 4:3, 5:2, 5:3, 5:4, 6:5, 7:2, 7:3, 7:4, 7:6, 8:3, 8:5, 8:7). The notation includes a double bar line with a repeat sign, a time signature, and musical notes with stems. Some notes are beamed together and marked with a '3' over them, indicating triplets. The notation is designed to be played with two hands or limbs, with the right hand and left hand parts clearly indicated by the initial double bar line and repeat sign.