

Swiss triplets exercise

Todd Bishop
www.pdxdrummer.com
shipdrummer.blogspot.com



1st x: R.H. swiss triplets
2nd x: L.H. swiss triplets

R R L L
L L R R

R R L R
L L R L



R.H. swiss triplets

R R L R L



R L.H. swiss triplets

L L R L

Groupings of five 16ths with swiss triplet and flam tap:



1st x: R R L R R L L R L L R R L R R L L R L L R R L R R L L R L L R R L L R R
2nd x: L L R L L R R L R R L L R L L R R L R R L L R L L R R L R R L L



1st x: R.H. swiss triplets
2nd x: L.H. swiss triplets

R R L R
L L R L



1st x: R.H. swiss triplets
2nd x: L.H. swiss triplets

R R
L L



1st x: R.H. swiss triplets
2nd x: L.H. swiss triplets

R R L R
L L R L